



Supporting Parents of Autism (SPA)

Meets the third Monday of the month in Seattle
5:30 p.m. – 7:00 p.m.

WAAA's Supporting Parents of Autism (SPA) group is for parents who have children on the autism spectrum. We come from all walks of life and have many shared experiences. Join us monthly for support, resources, and community. This group is for parents only and child care is not offered at this time.

SPA – Seattle & Redmond is facilitated by Heidi N. Gray, MS, LMFT. From Heidi:

"I am a licensed marriage and family therapist working at the Samaritan Center of Puget Sound and at Seattle Children's Research Institute. I help family members of those with a serious medical condition or disability maintain connected relationships, cope with difficult emotions, and find the inner strength needed to care for their loved ones and live a satisfying life."



SUPPORTING PARENTS OF AUTISM

Who: Parents who have children on the autism spectrum

When: Third Monday of the month
5:30-7:00 p.m.

Where: Samaritan Center of Puget Sound, Room 202
564 NE Ravenna Blvd
Seattle WA 98115

Cost: Free

Parking: Public parking nearby

To register: Email Amy Huntley at amyh@washingtonautismadvocacy.org