

Created For Connection

Hold Me Tight Workshop

June 15 & 16, 2018

Friday- Saturday 9:00 am. -5:00 pm.

First Presbyterian Church Bellevue

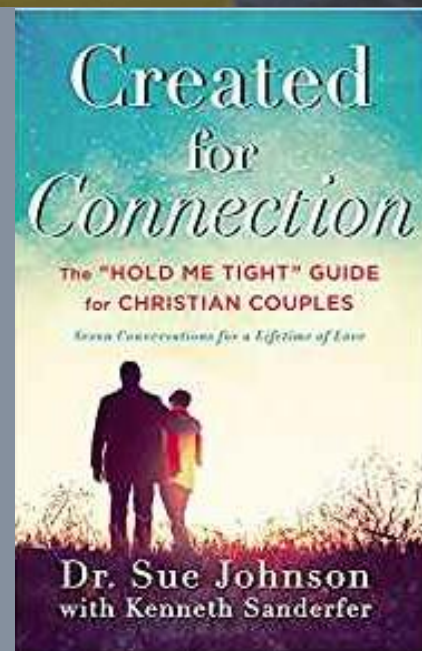
[1717 Bellevue Way NE Bellevue, WA 98004](#)

Facilitators [Eric Stroo](#) LMHP

[Tita Subercaseaux](#) LMFT

Helping couples create stronger, and more secure relationship not only between partners but between them and God.

[Register HERE](#) Or contact us at
estroo@samaritanps.org or
tita@samaritanps.org



Cost \$650 per couple
Early bird \$590
until June 6, 2018



Created For Connection

Hold Me Tight Workshop

Do you want to enrich your relationship? Are you walking on eggshells to avoid fights? Do you yearn to incorporate God's love into your relationship?

Created for Connection is a relationship-enhancement program for Christian couples. It is based on Emotionally Focused Couple Therapy (EFT) and the work of Dr. Sue Johnson, an internationally recognized couples researcher and therapist, and author of the best-selling books *Hold Me Tight* and *Love Sense*.

What does the workshop include?

- Videos of couples working with Dr. Sue Johnson
- Presentation of the material by Tita Subercaseaux and Eric Stroo.
- Practical exercises with your partner that will help you understand your negative pattern as couple as well as the deeper emotions and needs of each one.
- Professional guide and support through the workshop.
- Group sharing (optional)

What can I expect from the workshop?

- Learn how to address negative patterns,
- Respond to each other's needs in a loving way,
- Increase emotional and physical intimacy,
- Heal and forgive injuries.



Couples will learn how to move from fights, frustration and loneliness to security, emotional safety and connection, and lasting relationship satisfaction.

What is included in the cost?

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- Participation in the workshop for the couple.
- A copy of the book Created for Connection (sent to your home)
- A workbook for class exercises
- Light refreshments during both days (lunch is on your own)