

# Active Parenting Class To Be Offered in South King County

Getting kids through the pre-teen and teenage years safely (and living through the experience) may be one of the toughest challenges parents have to face. Fortunately, they don't have to go through it alone.

Samaritan Center of Puget Sound therapist Gary Steeves, who has been teaching parenting classes alongside maintaining an active counseling practice in South King County for many years, will present a six-session class on "Active Parenting of Teens" in cooperation with Southminster Presbyterian Church in Des Moines.



The class begins Wednesday, February 27, and will meet weekly from 7 to 9 p.m. through April 2. The fee for the class is \$30 per person or \$50 per couple, plus the \$13 cost of a parenting book by Active Parenting expert Michael H. Popkin, PhD.

Parents will strengthen their communication skills, increase their understanding of the goals of teen behavior and develop discipline and problem-handling strategies.

For more information and registration, contact Jane Davis at 206-824-8912 or call Southminster Presbyterian Church at 206-878-8133.

**In addition to providing speakers for workshops, retreats and classes, Samaritan's Resource Center for Ministry has staff members who are trained and experienced in doing consultation and conflict resolution with church staffs and congregations. For more information about any of these services, contact us at 206-527-2266.**