

# *Advanced Core Skills Training in Emotionally Focused Couples Therapy*

**Yolanda von Hockauf, M.Ed., RMFT and Veronica Kallos-Lilly, Ph. D., R. Psych.**

This group meets for four two day periods of instruction and group supervision on ongoing EFT work, according to the guidelines set out by the Centre for Excellence in EFT (in Ottawa). Each of the two days includes six hours of training, so 12 hours of Category I CPE would be available for each weekend. The training day begins at 9:00 am and concludes at 4:30 pm. Veronica Kallos Lilly and Yolanda von Hockauf will share the facilitation of these sessions. Participation in all four sessions is needed in order to receive the full benefit for certification. These training groups count on a participant being present for all four weekends. The group is limited in number to 12 participants. *Participants are required to have completed an EFT externship and be willing to present their own work through audio/videotape presentation.* The cost is \$350.00 per weekend for each participant.

Location of training:

Samaritan Center Main Office, 564 NE Ravenna Blvd., Seattle, WA 98115

The Core Skills Group meets on the dates below. Those interested in participating in each weekend would send a deposit (\$100.00) to ensure their place in the group. *At the time of registration*, a post-dated check for one month before the first day of the training would be included. The dates for these post-dated checks are below.

\$100 Deposit	\$250 Remainder Post-date	Dates of training
When you register	Oct. 6, 2009	Nov. 6-7, 2009
Nov. 7, 2009	Jan. 5, 2010	Feb. 5-6, 2010
Feb. 6, 2010	Mar. 9, 2010	Apr. 9-10, 2010
Apr. 10, 2010	May 4, 2010	June 4-5, 2010

The focus of this training experience is to review the EFT model in an in-depth manner, deepening your ability to work through the stages and steps, and using your case presentations as learning material. Therefore, you are expected to bring in two case presentations, preferably on videotape (if not, an audiotape or 20 minute transcript can be substituted). There will be a combination of didactic presentation, demonstration videos, cases from you, and role plays. We hope to do a live session, dependent on whether there is a suitable couple. As always, we strive to provide a rich, safe learning environment.

For those seeking certification in EFT, the Core Skills training is a major component. The only outstanding requirement for Certification after this is eight hours of individual supervision and the application process as described on [www.eft.ca](http://www.eft.ca). Final decision regarding readiness for certification is determined by the EFT Centre in Ottawa.